

Primary Tap

Primary One routines: "Open Shut" and "Twinkle Twinkle Little Star"

Primary Two routines: "Up In The Sky" and "Terrific"

Questions

1. What is a shuffle?
 - A forward brush followed by a back brush, or brush forward, brush back.
2. Do you hop on one foot or two?
 - One.
3. Do you change feet when you hop?
 - No.
4. Does the toeback stay on the floor or bounce up?
 - It bounces up.
5. What is the Flash Trick Step?
 - Down, back, scoot, jump up.

Technique Notes

- A shuffle is a forward brush of the ball tap followed by a back brush of the ball tap.
- A Hop is a spring into the air, landing on the same foot.
- Toeback is to strike the tip of the toe straight back and immediately bounce it up to original starting position.
- The standard definition of the word "step" is to step on one foot, put the weight on that foot, and immediately change feet. For the beginning dancer at the barre, teach the step motion without changing feet. The "step" is executed one foot at a time using the working foot (or the one away from the barre). The step is done by raising the knee and leg up before stepping down flat. The dancer should then return to starting position.
- For the beginner it is suggested that ballchange be merely a step-step (side by side). This is especially true for tiny children. Later you can determine when it becomes "Ball in back and Step in place", and still later it becomes "Ball Ball" when legs are stronger.
- Marches may be done in place at the Barre or around the studio. It is recommended at this point, however, that the dancer (especially at this early stage) needs a change of focus from time to time throughout the lesson. I prefer to teach Marches by having the children move around the room. Marches should be executed with knees high and arms in opposition.
- Side Together: R foot ready with R ball at the arch of L foot. Hands on hips or L hand on L hip, and R hand in 2nd position to indicate the direction of movement to the dancer.
- Toe dig is to touch the ball of one foot next to the arch of the other foot.
- Point Together: Tap forward and together, both arms straight out front.
- Heel Together: Use Tick-Tock arms.
- Toeback Together: Arms in 2nd position.

- Boogie Woogie: heeldrops changing feet; as R heel drops, R forefinger pushes from chest level to full extension down; at the same time, L forefinger rises from full extension to chest level. Begin with R heel raised, fingers pointing down.
- Rocking Heels: Stand feet together, knees bent.
- Shuffle Step Changing Feet: Hands on hips, or in 2nd position or straight out front.
- Flash Trick Step: Also called Squat Thrust or Burpee