

Tap 1

Routine: Advanced Spectacular Tap-A-One

Questions

1. What is a ballchange?
 - Step step, or ball step, or changing feet on the balls of the feet.
2. What is an Irish?
 - Shuffle hop step.
3. What is a hop step?
 - A skip.
4. Do you change feet when you jump?
 - Yes.
5. How many heel ballchanges are there?
 - Three
6. How many claps are there?
 - Two.
7. What is a boogie woogie?
 - Heeldrops changing feet.
8. What is a gallop?
 - Step ballchange, ballchange, ballchange moving to the side.
9. What is balancé?
 - Side step step or side ballchange
10. What is cha cha cha?
 - Three steps.

Technique Notes

- Toe dig is to touch the ball of one foot next to the arch of the other foot.
- Heel dig is to place the bottom of the heel in any direction with no weight.
- Irish is any Shuffle Hop Step.
- Jump means to “change feet”.
- Toedrops: Also called Groovy Toedrops; Begin with R toe raised. May use “thumbs up”, lowering same arm as foot.
- Jump Out – Jump In: Stand feet together, knees bent. (Small children begin hands on knees)
- Dance: Four Steps, One chorus.